

Nutritional supplementation in age-related macular degeneration: Appendix

AREDS Report:

A randomised, placebo-controlled, clinical trial of high-dose supplementation with vitamins C and E, beta carotene and zinc for age-related macular degeneration and vision loss.

Age-related Eye disease Study Research Group

Archives of Ophthalmology (2001) 119: 1417-1436

National Eye Institute Web Site: www.nei.nih.gov/amd

Recent reviews:

Nutritional supplements for macular degeneration

Drugs and Therapeutics Bulletin Vol 44 No 2 Feb 2006

Antioxidant vitamin and mineral supplements for preventing age-related macular degeneration (Cochrane Review)

The Cochrane Library, Issue 1, 2009

Antioxidant vitamin and mineral supplements for slowing the progression of age-related macular degeneration (Cochrane Review)

The Cochrane Library, Issue 1, 2009

Commercial preparations reported to contain the AREDS formula:

OCUVITE PRESERVISION, VISIVITE ORIGINAL FORMULA, VITEYES AREDS FORMULA